HTDC

HILLINGDON THEATRE DANCE CENTRE

NEWSLETTER OCTOBER 2025

Your Principal



Miss Helen

Welcome to our September newsletter.

We have had a fabulous start to the year. New families and new team members are settling in brilliantly and absorbing the community and atmosphere of HTDC.

CORE VALUES

Belong **Believe** **Encourage** **Achieve**

Dates for your diary

Beck Theatre performance:
4th and 5th July 2026

Watch Week
11th-16th Dec

Christmas party-20th Dec
Iver Heath Village Hall
10.30-11.30am

We have spaces for ages 18months - 5 years in our Saturday classes at RabbsFarm.
Message to book.



BELONG | BELIEVE | ENCOURAGE | ACHIEVE

WOW!



Our fabulous seniors performed at this spooky event! Well done performers!



CONTINUED

Coming up-



ADULT CLASSES-
Give your social life and fitness a kickstart!
BALLET ALL LEVELS
Tuesdays 6.55pm

And don't forget we also have Adult Tap.!
Message for a trial.



Our big event is this year- The Beck Theatre show is July 4th and 5th 2026. The dress rehearsal will be the weekend before. This is all classes age 3 up. Please get the dates in your diary

Information for you

Did you know that your friends can join our classes?
Send them this link to book their trial.
Trial classes are available for all classes with spaces. .

https://booking.htdancecentre.co.uk/



ACRO AND MUSICAL THEATRE UNIFORM-

We have unitards or branded wear available. Or, if your child already attends dance classes with us, they can wear their dance uniform.

CONGRATULATIONS TO MISS HELEN on being selected as a finalist for the National Business Women's Awards. There was a huge number of nominees, so being selected as a finalist is really exciting



REMINDER- Please ensure correct uniform is worn for all classes.

Hair in a bun for ballet from Primary upwards please.
Please note, no child should be left on site unattended before or after class.

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Feedback

My daughter has not only developed strong technical skills in dance, but also gained real sense of discipline, teamwork and creativity. The supportive environment and passionate instructors have helped them come of their self and it's been amazing to see how proud they are after every performance!

A boast in her confidence. The supportive environment and structured training have helped her grow both as a performer and as an individual. She has throughout her time at HTDC developed strong friendships and a real sense of commitment and achievement through performance and exams.

I may have picked HTDC initially because it was local. However we have stayed with HTDC because of its nurturing inclusive environment.

BENEFITS OF DANCE

Creates a sense of community and belonging

Improves self confidence and self esteem

Releases ""feel good" chemicals in the brain

Reduces stress

Boosts memory

Increases energy

Improves flexibility

Helps heart health

At HTDC we strongly believe in our Core Values:
Belong
Believe
Encourage
Achieve

We centre every class around enjoyment, discipline and creativity. Every student gets given opportunities to shine.
We are a community.